

## 5-4: Implementing flow-based notes

So in this video, I'm going to be talking about some implementation tactics and troubleshooting so that you can use the flow-based note taking technique in a variety of different settings. So a problem is that this is also a technique that requires practice, you're very much used to transcription style of note taking that flow-based note taking has been very different from you and it's going to be a little bit practice. One way of easing that transition is what I called flow-based after notes. This is also particularly useful in the class during very fast or some kind of class where you really need to have a copy of the notes for review. What you can do is you use a flow-based after note; this is where you take notes. And then after you taking notes for the class, you spend a little bit of time. Doing them again in a flow based format, just give me a little bit time consuming maybe takes 10 minutes for an hour of class to use make some use of sparse flow based note after you gone to a transcription style but it's forcing you to think this depth level of processing about the information you just covered. And that's when it supposed to be useful too because if you weeks after you may mainly forget the ideas so when you are rereading the notes, you are having to really start from scratch to understanding the ideas. Now it's still fresh on your mind so you can do flow-based after notes.

So another method is what I called the star method, so when you do flow-based note taking sometimes you will find something that the lecturer discussing in the class and you don't understand the depth level. You recognize right now, this is going to be that's important, that I don't understand right now or I understand it but I don't think that I may be able to use it properly. So the star method is that when you're in a class you put a star or asterisk in very large but right next to the idea that you covered. And then what you do after you're done the class go through your notes and pick up all the stars and you write them down and make a list of them. And then these are your candidates for using the finding techniques for metaphors, analogies, visualization, diagrams all these other holistic learning techniques we are talking about in the course. This is now your list of what you need to work on. So the star method can prematurely identified weak points and so that you don't need just forget about the idea and only realize that test time alright I never really learn subject or topic x that we discussed.

A final strategy is what I called notes compression and this is a good overall review studying technique. Basically what you do is you get a one piece of paper so 8 inch or 11 inch white blank piece of paper. If you try to compress all of your notes in the class unto one side of piece of paper, the reason you wanted to do this is because in compressing your note, there's two things that can happen. One is that your post to simplify the ideas because you don't have space to rewrite them on details you have to turn them into their essence. So they are the complicated idea there's lot of little part, you have to figure out what is the

key information you need to understand from it. So by simplifying the ideas, that's an exercise in understanding, to understand what is important and what is not important. That's the first thing.

The second thing is by putting of the all the ideas across lot of different lectures on one page. You can see connections between ideas and maybe you wouldn't see before. So something from lecture 3 made actually be related to something from lecture 20 but you wouldn't seen that unless you actually go to the process of doing this note compression. You don't need to do note compressions assessment that you need to do for every class. But I have found for classes that are covered, it's a good way to put all the details in one place and it's a good preparation activity before doing an exam.