

6-1: The Feynman Technique

In this section of videos, we are going to be talking on how you understand the ideas deeply and this is very closely related to the section on remembering the ideas deeply we previously covered. The difference here is that this is a step previous, so when you are creating metaphors and visualization and diagrams, then you already kind a need to understand the ideas somewhat and you just try to remember it better. This is the step before, how do you actually deeply understanding the idea that you are trying to learn. So this goes the step earlier and the main technique and this is the technique that going to be underlining all the different variations we discussed is the Feynman Technique. And this is the technique I named after the noble prize winning physicist Richard Feynman because he had a habit of doing something similar to this in a way of really understanding idea in physics and this is also something I replied to mathematics, science, biology, many different topics you can uses to really get that depth understanding, so let's see how it works