

7-7: Creating and adapting your own mnemonic system

In the last few video I've shared with you how you can use very mnemonic system for remembering list, for remembering sequences and information, for remembering numbers even remembering vocabulary words. And these are just the few of these examples where you might want to use mnemonic system, maybe you are in a class where the information doesn't very easily fit to one of these patterns. In this case you might want to create your own mnemonic system, that is might sound challenging or difficult but the principles are very simple. Most in mnemonic systems might some way of translating the information so they can be fed into the link technique or alternatively fed into the memory palace technique which is very similar but it use geography and said actual links between the ideas where actually visual mash up between the ideas and so often you can associated ideas in this way but practice with the few different system that there were fully link and fully understand the idea and once you've created a mnemonic system for particular set of information so once you figure out how to memorize let say anatomy definitions for particular body parts then you can replicate this in much less time. So I acknowledge students to have to go in very fact heavy courses when notice much understanding but tons of trivia to memorize and if you are in those situations then investing and developing a mnemonic system can be considerably dividends later on because once you develop the system it will be very easy to use. I know even from myself using the vocabulary technique that describe in the last video once I was able to get the running once I've been practice with it for but it doesn't result times I was able to create the links within ten or fifteen seconds and if it cut down the study in time that I need to do to get the same level for tension by half. So keep this in mind when you're doing your own studying, your working on something these mnemonic systems are just guidelines and you don't have to use them exactly how they presented you can also modified them using the basic principle of the link or the memory palace on order to organize tons of information and you can use that later so considering investing in a mnemonic system if you have to a lot of memorization work.