

9-3: Self Education and online courses

So how do you apply these techniques in a self education or distance education context. Now what I've noticed what are the main advantages of doing self education is you have complete control over the coverage face whereas when you are in a classroom setting, you may be restricted by the time table set up by a professor or specific way they wanted to organize a course in terms of coverage. Now because you have control over that you can use a little bit of different learning stuff. So when I'm in self education context often what I'll do is what I do most of the coverage upfront so that I can get an entire view of how the course works and then spend a lot of time on practice and insight. So I try to speed up the coverage face, spent more time in practice and insight so that I can really broad view of how the course works before I really get into too much detail with learning the tactics. And this is different method called recourse of learning and the idea is that instead of just going through the faces once, so you understand an idea you take it in the class, you learned it, you master it and then you will have to go to the next, the next topic the next unit which is I would say much more eager approach. The recourse of approach is you cover everything, you do all of it. But then in practice and insight you continually going back and emphasize in strengthening your weak part. And the advantage I found in this is that you can actually go much faster using this method. So if you are able to cover the class without being completely lost so that would be the caviar if you covering the class you're going completely lost your not able to understand what is happening and you do need to slow down and take a more indoor approach. If you're covering the class, you're going out what I would say is not a long speed. So not a long speed is that you are not in a long to what is happening, you understand it but maybe you are not able to fully understand and fully used it in the way we've been talking about in a course but you are not confused you understand what the lecture say. If you are able to be progressive this face you're able to go fairly quickly to the material then you can spent more time of practicing insight so you can fix those weak spot.

This is in contrast with internet strategy where you might find certain units extremely difficult and certain units extremely easy so chance creating imbalance. So you might go to the first unit and spend the same amount of time as you will in unit where you will find extremely difficult which really deserves more time to be spent time. So as in general what I've suggest if you are in self education, is it because you have control over the coverage face, you can do this recourse of learning which involves multiple passes over the same information but in different levels of dept. So you go in information first, understand it all, you take your notes, you use the active reading and flow based note taking strategy that we discussed but then you do practice and insight. But when you get to the insight you use the Feynman technique, metaphors and visualizations. You can go back to the material, figure it out. These are the things that I don't understand as well, learn them even better.

And really use this recourse of approach to get to a master level of a topic in less time. Then if you are going to everything squelching it.